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Educator and lifelong Proviso resident joins Mental Health Commission

HILLSIDE, Illinois – The Proviso Township Mental Health Commission is pleased to announce that Nicole Keefer has been sworn in as a Board Commissioner. Keefer was seated during the November board meeting.

“I’m very happy to have Nicole serving with us on the Board,” said Commission President Mike Corrigan. “Nicole has valuable experiences and perspectives that will help us serve the residents of Proviso Township.”

A lifelong resident of Proviso Township, Keefer grew up in Maywood and attended Garfield Elementary and Proviso East High School. She now lives in Bellwood. Keefer works in education and is a Director of Special Education.

“I’ve seen the need for behavioral health services in the schools, and I also have had family members who have struggled with mental health,” said Keefer. “I look forward to being on the other side of the table to make sure that the programs and assistance that is available to our residents is accessible.”

Keefer also spoke about the need to break down the stigma that still clings to mental health care. She said that she has experienced people who try to hide their struggles or who hope that they will resolve on their own.

“Some people are afraid to talk,” she said. “They might be afraid of what people will think if they get help.”

Getting to know the agencies that the Proviso Township Mental Health Commission funds is high on her agenda.

“I’m here to support our community and to be part of the team that brings these resources to the people of Proviso Township.”



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